

The Stingray Statement:

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DECEMBER 13, 2021

General Vanier School

Allie Hassin: Principal

Cindy Ediger : Acting Vice-Principal



General Vanier Days of Generosity

Until December 17th.

Dear Families of General Vanier:

This season, the students of General Vanier are discussing, investigating, and discovering ways to give back to the community. Using the model of the Circle of Courage, and focusing on Generosity and the spirit of thinking of others, students may take part in finding ways to do generous acts of kindness in the community such as writing thoughtful notes to members living or working in our community or to classmates. We would like to invite the families of our school community for donations of non-perishable goods that can help foster the idea of thinking of others. These goods will be collected for Harvest Manitoba. Donations will be collected until Friday, December 17th.

Harvest Manitoba has some suggestions:

- can fruit
- can soup/stew
- can tuna
- can vegetables
- pasta
- pasta sauce
- rice
- peanut butter
- baby formula/food
- instant oatmeal

Coach Needed!

Grade 7/8 Girls.

A lovely group of grade 7/8 girls are in need of a basketball coach/coaches! If you are willing or know someone willing please let us know.

Commitments include:

- 1 game a week from mid-January to end of February.
- minimum 1 practice per week in January and February.

Coach eligibility:

- Must be 18 years of age, unless coaching with an adult.
- Must be able/willing to provide proof of covid vaccination.
- Must present a valid child abuse and criminal record check.

Please contact our PE teacher Emma Laferriere if you are interested.

What to Do If Your Child Is Sick?

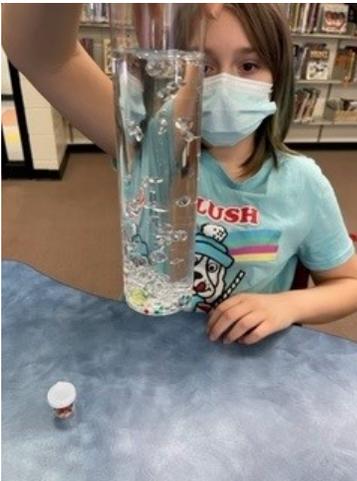
We still need to take all symptoms seriously.

With many changes being made to public health protocols, there have been many questions around what to do if your children become ill. In former days, the answer was easy, stay at home, but COVID continues to complicate things.

The Louis Riel School Division has created (and recently updated) two infographics that help explain and navigate our current advice from Public Health: [What Should I do if My Child is Sick?](#) and [When Does My House Need to Self-Isolate?](#) More information can be found by following the link below.

[COVID-19 Parent/Guardian Resources](#)

Circle of Courage at Work



Mrs. Manning and her Grade 5/6 girls have been meeting weekly at lunch to learn more about the Circle of Courage and how it can help us learn more about ourselves and our relationships with others. With the guidance and support of our school social worker, Ms. Kim Mackey and our student social worker, Ms. Jessica, the students have been engaged in conversations about generosity, mastery, belonging and independence. Ms. Kim has also planned fun and engaging activities for the group such as these sensory bottles that can be used when you feel overwhelmed or stressed. The group

will meet one more time before the winter break and wants to say a big thank you to Ms. Kim and Ms. Jessica for learning with us!

Can My Child Attend School After Returning from Travel?

Interprovincial and International Travel!

With the holidays coming, there have been a few questions around travel over the break. The LRSD has created this info graphic so that you are aware of current public health orders. Please keep in mind that public health orders do change.

PAC Meeting

Come to our next meeting!

Are you interested in being a part of your school community? Come to our Parent Action Council (PAC). Meetings are usually one hour long and happen on the third Tuesday of each month with a few exceptions. Have a look at their web page and see the fantastic work that they have done in the past.

[GV PAC Homepage](#)

Our hard working PAC is always open to new volunteers and understand the demands that parents face in putting up their hand to help out.

Time: Tuesday, January 18th, 2021 07:00 PM Central Time (US and Canada)

Email: pac@generalvanier.com

Website: www.generalvanier.com

PAC Hot Lunches

No Hot Lunch in January

PAC will be hosting the next Healthy Hunger lunch on Wednesday, February 2nd. Please make sure to have your orders in by midnight on Friday, January 28th. You can order online at www.Healthyhunger.ca If you need any help, feel free to contact Christina Koblun at Koblun.Christina@gmail.com.

PAC Lunch Dates: (The cutoff for ordering is always the Friday before.)

February 2nd
 March 2nd
 April 6th
 May 4th
 June 1st



FUN LUNCHES ON-LINE

You've been asked to order your Fun Lunches On-Line... Now what? Go to www.HealthyHunger.ca and click "No Obligation Sign Up". After your account is created, you will be able to view all up-coming Fun Lunches, place orders, and then pay for your orders Online with Visa, MasterCard, or Interac Debit.

HOW IT WORKS

The screenshots illustrate the four-step process: 1. Creating an account with fields for name, email, and phone. 2. Adding a student with fields for first/last name, address, city, school, and date. 3. A table of upcoming lunch orders with columns for order date, restaurant, payment status, and view options. 4. A payment page with a list of food items, quantities, and totals, along with 'Pay Now' and 'Add to Cart & Continue to Shopping' buttons.

STEP 1.

Click "No Obligation Sign up" and create your account.

STEP 2.

Login, and add your children to the account.

STEP 3.

View all of the Up-Coming Fun Lunch dates.

STEP 4.

Place your orders and make payment Online.



BENEFITS

1. Receive an email reminder if you have not ordered for an up-coming lunch.
2. Receive automatic email notification when your School posts a new Fun Lunch.
3. Order for multiple children attending the same or different Schools.
4. Flexibility & Control. Order for 1 lunch, 2 lunches, or the entire year.
5. Cancel orders at any time before the 5 day Cut-Off.
6. Quickly review your orders at any time.
7. Free and Unlimited Tech Support from Healthy Hunger.

WWW.HEALTHYHUNGER.CA
1-800-818-6260

Western Office:
 1935 27 Ave NE, Suite 107, Calgary, AB, T2E 7E4
 Eastern Office:
 7111 Syntex Drive, 3rd Floor, Mississauga, ON, L5N 8C3



Winter Concert

Save the Date, February 10, 2022.

For the first time ever, General Vanier School is organizing a K to 8 winter concert to happen on February 10, 2022 at 6:30 pm. Although the pandemic has changed the way that we have had to plan for, rehearse and present our students' work, it will allow us to present a virtual evening to all the friends and family of GV from Kindergarten to Grade Eight.

More info will be coming in the new year!

Winter is Here!

Dress for the Weather.

Louis Riel School Division has received best outerwear practice information from Dr. Gord Giesbrecht (aka Dr Popsicle). We are sharing this information with you so you can prepare your child for the winter weather.

Please label all student clothing

Here is a list of recommended, but not mandatory outerwear and suggestions when purchasing items:

- Mitts preferred to gloves- Waterproof is best, gloves are not as warm.
- Boots preferred to runners- Try them on with a couple of layers of socks. Toes need to wiggle in them while standing.
- Wools socks are warmer than cotton.
- Toques are better than hoods.
- Neck warmers are better than scarves. They allow the person to turn them if they get frosted over.
- Layered clothing is a must- synthetic under clothing to wick away moisture. Cotton does not do this and the wearer will feel colder.

The key to staying warm is not sweating. If one gets warm, open the neckline. Most heat loss occurs through the head, neck, armpits, and groin areas. There is nothing worse than the feeling of being damp or cold.

Please keep in mind how easy children can get into and out of their winter clothing while shopping for winter gear.

Gay-Straight Alliance

(GSA)

In January, our school will be supporting students who are interested in creating a GSA. This is a student-led, teacher-supported group of students whose mission is to provide a safe and respectful environment for students to be themselves, regardless of their gender or sexual identity. The group will be open to grades 6-8 students and is optional. To begin with, the group will meet twice a month at lunch and will participate in ice-breaker activities and games to get to know each other better. The group will also work together to come up with a name and create a framework to structure their meetings. Some of the events they may choose to promote in our school are Pink Shirt

Day, Mental Health Awareness and Diversity. At times, members may request more information and education around certain topics and the adult facilitators will connect with the Rainbow Resource Centre for their expertise and support.

For more information that speaks to the need for and purpose of a GSA. Please refer to the following documents:

[Bill 18: The Public Schools Amendment Act \(Safe and Inclusive Schools\)](#)

[LRSD Policy AC: Respect for Diversity](#) and its accompanying [Protocol: Practices That Support Respect For Human Diversity](#)

[GSA Guide: Safe and Caring Schools - A Resource for Equity and Inclusion in Manitoba Schools](#)

A note from Winnipeg Public Works

Parking and Snow Removal



The following information is from Winnipeg Public Works:

As of November 1, 2021 the street that our school is on will be cleared during a Residential Parking Ban in Zone B in addition to the current clearing service as a Priority 2 (P2).

Previously our street was cleared during a Priority 2 plow, however, the parking lanes were not cleared well, as no parking ban applied. In addition to the current clearing level of service, starting this season, our street will also be cleared during a residential parking ban as a Priority 3, which will ensure parking lanes are cleared.

When a residential street is scheduled for snow clearing, affected motorists are urged to find an alternate place to park such as an off-street driveway or parking lot, or a nearby street that has already been cleared. This will help the plowing operation run smoothly and will prevent you from being ticketed and towed.

Vehicles parked in violation of the residential parking plan may receive up to \$150 ticket, and may be towed to a nearby residential street that is not scheduled for plowing or that has already been cleared. If your vehicle has been towed, please contact 311 for its location.

The Public Service will continue its existing practice of not clearing snow around schools during drop off (8:00 to 9:00), lunch (11:30-13:00) and pick up (15:00-16:00) and will also adopt the practice of not enforcing parking restrictions during these hours.

Please visit winnipeg.ca/snow for more information.

Upcoming Dates

DECEMBER	
Wednesday, December 22	Last Day of School - Early Dismissal– 2:15 PM dismissal
Thurs. Dec. 23 to Wed. Jan. 5	Winter Break – No School
JANUARY	
Thursday, January 6	Classes resume in all schools
Tuesday, January 25	Staff Meeting Early Dismissal at 2:15 PM
FEBRUARY	
*Friday, February 4	Professional Learning – No School
Thursday, February 10	Winter Concert
Monday, February 21	Louis Riel Day – No School
Tuesday, February 22	Staff Meeting Early Dismissal at 2:15 PM
MARCH	
Thursday, March 17	2 nd Term Report Cards available online
*Friday, March 18	Professional Learning – No School
Monday, March 21	Conference Manager Opens for Conference Requests - pending
Tuesday, March 22	Staff Meeting Early Dismissal at 2:15 PM
Thursday, March 24	Student-Led Conferences (3:30 - 8:30) - pending
March 28-April 1	Spring Break – No School
APRIL	
Monday, April 4	Classes resume in all schools
Friday, April 15	Good Friday – No classes
Friday, April 22	Professional Learning – No classes
Tuesday, April 26	Staff Meeting Early Dismissal at 2:15 PM
MAY	
Friday, May 6	Professional Learning – No School
Monday, May 23	Victoria Day – No school
Tuesday, May 24	Staff Meeting Early Dismissal at 2:15 PM
JUNE	
Friday, June 10	School Based Professional Learning – No School
Wednesday, June 29	Report Cards avail. On-line
Thursday, June 30	Final Assembly, Last day of classes – 2:15 PM dismissal

Please note that dates are subject to change.

Gym Schedule

December 2021

Gym Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7/8 Dodgeball 11:30-12:30	2 7/8 Boys Basketball 7:30am 7/8 Volleyball and Badminton	3 3/4 Intramurals (Burke) 11:30-12:30	4
5	6 7/8 Volleyball 11:30-12:30	7 7/8 Boys Basketball 11:30-12:30	8 7/8 Dodgeball 11:30-12:30	9 7/8 Boys Basketball 7:30am 7/8 Floor Hockey 11:30-12:30	10 3/4 Intramurals (Wakeman) 11:30-12:30	11
12	13	14 7/8 Boys Basketball 11:30-12:30	15 7/8 Dodgeball 11:30-12:30	16 7/8 Boys Basketball 7:30am 7/8 Volleyball and Badminton	17 3/4 Intramurals (Burke) 11:30-12:30	18
19	20 7/8 Volleyball 11:30-12:30	21 7/8 Boys Basketball 11:30-12:30	22 7/8 Dodgeball 11:30-12:30 Squad Wars 2-3:15	23	24	25
26	27	28	29	30	31	