

Email orders to atc.foods@lrsd.net by Wednesday February 3rd, 2021 for Thursday February 4th, 2021 pickup.

SOUPS&STEWES &CHILIS		
Chicken noodle	\$4.00 (small pack serves 1-2)	
Tomato Hamburger Macaroni	\$4.00 (small pack serves 1-2)	
Potato and Leek	\$4.00 (small pack serves 1-2)	\$8.00 (large pack serves 3-5)
Cream of Cauliflower	\$4.00 (small pack serves 1-2)	\$8.00 (large pack serves 3-5)
Minestrone	\$4.00 (small pack serves 1-2)	\$8.00 (large pack serves 3-5)
Kimchi and Tofu Soup (Vegetarian)	\$4.00 (small pack serves 1-2)	\$8.00 (large pack serves 3-5)
Seafood Chowder	\$4.00 (small pack serves 1-2)	\$8.00 (large pack serves 3-5)
French Onion	\$4.00 (small Pack serves 1-2)	\$8.00 (large pack serves 3-5)
Thai Chicken Curry	\$4.00 (small Pack serves 1-2)	\$8.00 (large pack serves 3-5)
Beef Stew	\$5.00	
Lamb Stew	\$7.00	
Chilli (Halal)	\$5.00	
Chili (Vegetarian)	\$5.00	
APPETIZERS		
Pork and Beef Wontons	\$5.00 dozen	*selling out, limited quantities.
Cheddar Perogies	\$5.00 /dozen	
Cabbage Rolls	\$8.00 / half dozen	

QUICHES/Savory Pies		
Mixed Vegetable	\$2.00 individual	\$5.00 (large)
Ham, Onion and Cheese	n/a	\$5.00 (large)
MEATS		
Boneless pork chop (breaded)	\$4.00/lb.	
Pork Schnitzel breaded (large pack for 2-4 ppl)	\$3.60/lb.	
Pork Tenderloin Souvlaki Skewers (2 x 4 Oz. skewers)	\$4.00/lb.	
Boneless Pork Loin Roasts (Marinated)	\$4.00/lb.	
Boneless Pork Loin Roasts	\$4.00/lb.	
Pork back ribs-(2 racks per bag)	\$8.00 per rack	cooked, just need to reheat, and add your favorite sauce.
Pork back ribs-(2 racks per bag) (uncooked)		
Pork back ribs (Full Rib)		
Pork Ribs	\$16.00	
Lamb Curry	\$7.00	
Lamb Shank	\$7.00	
Boneless Chicken Breasts (two per pack)	\$3.75/lb.	

New York Striploin Steaks 6- 8 oz	\$7.50/lb.	
Boneless New Zealand Leg of Lamb Roast Marinated Serves 6-8	\$7.00/lb.	
AAA Beef Pot Roast with Sauce	\$5.00/lb.	
Assorted Sausages	\$5.00 / lb.	Italian, Bratwurst, Banger * all sausages made with beef and pork.
4" Meat Pies	\$3.50 each	
FISH & SEAFOOD		
Boneless Salmon Fillet	\$13.65/lb. or .85 cents/oz.	
Halibut Fillet	\$1.11/oz.	Comes in 2x3oz.pieces/pack
READY MADE MEAL		
Lasagna-Serves 2	\$12.00 per package	2 lb lasagna, fresh hand rolled pasta, five cheese blend, Lean ground Bolognese sauce (meat sauce), heirloom tomato and fire roasted tomato sauce.
Pork Schnitzel	\$5.00 each	Pre-cooked meals (heat & serve in container)
Fettucine Alfredo	\$5.00 each	Pre-cooked meals (heat & serve in container)
Lamb Curry with Brown Basmati Rice and Papad	\$5.00 each	
Mushroom Risotto	\$7.50 (Serves 1-2)	
Pesto Gnocchi	7.50 (Serves 1-2)	
Spinach Chicken Mushroom Ravioli	\$9.00 (Serves 1-2)	
Stuffed green peppers with tomato sauce	\$6.00 (2 peppers)	

POTATOES		
Croquettes-enough for 6-10 portions	\$4.00 per large pack	
DESSERTS/Bakery		
Cinnamon buns	\$2.50	
Cheesecake	\$20.00	Full Size 9 ½" Cheesecake, Caramel Sauce, Chocolate Sauce 14 to 16 portions
	First Come, First Served	Limited Quantities.