



Do:

- Consider your homestay plans before making plans of your own – you should always ask their permission before making plans.
- Make friends and when you go out with them, let your family know **where** you are going, **who** you are going out with and **how they can reach you**. Provide your friends' phone numbers.
- Talk with your family – ask questions and share things about you. Try to learn about them.
- Try to learn about living in Canada, try new foods, and see new places.
- Carry your health insurance card with you as well as all contact information for your host family – including address and all possible phone numbers.
- Eat dinner with your host family and ask how you can help at mealtime (set table, help prepare food, clear dishes, etc.).
- Be respectful of house rules – each family will each have things that are important in their home.
- Keep your room clean and participate in chores. You are part of the family and should help.
- Keep busy – volunteer, participate in school activities, accept invitations to do things with your host family and tell people what things interest you.



- Participate in every activity that is offered to you. Try everything once! The International Department will organize events and you should attend every one!
- Tell your homestay if you do not feel well and allow them to care for you or take you to the doctor.
- Communicate with your host family. You can be honest about things that you do not like.
- Trust your homestay, your teachers and the international student program staff to help you and give you good advice.
- Get to know each other and have fun!!!



Don't:

- Don't treat your homestay family like a hotel! Be courteous and respectful.
- Don't drink, drive, do drugs or break the law! You could be sent home for these offenses.
- Don't be afraid to speak in English. Learning language takes time & practise and they can help you improve.
- Do not spend all of your time in your room (using technology) and leave your cell phone and laptop out of your bedroom at night.
- Don't invite anyone into your home without permission.
- Don't forget to express your gratitude to people who are nice to you and do things for you.
- Do not carry expensive / valuable items or lots of money. LRSD cannot be responsible for items that get lost or stolen. Do not carry your passport with you – leave it at home and carry a copy of it for ID purposes.
- Don't ask you family back home for advice on solving problems here. Ask your homestay family, an adult at school or someone from the IS department to help you. You can tell your parents that you had a problem and how you solved it on your own – they will be proud of you.



- Don't lose your house key! If you lose it, you will need to pay the cost to re-key all of the locks in the house.
- Don't keep the room to your door shut unless you need privacy for changing clothes, sleeping or studying. Having your door shut signals that you want to be left alone and if it is closed all of the time, you will not get to know your family.