



Bienvenue - Welcome

April/May 2015

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École Van Belleghem

From the Office

Sending emails is a great way to communicate, but it is only effective if we have your **correct email address**.

It is essential that you update the office as soon as your information changes.

If you have changed servers, deleted an old account or added a new account, please let us know in order for us to update your child's records.

This also includes any changes you may have made to your name, address, any phone number(s) or emergency contacts.



Have you moved?
Did you change your cell phone number?
Has your work number changed?
Has your child's emergency contact changed?
Has your child changed daycares?

If you answered "Yes" to any of these questions, **have you notified the office?**



Is someone different picking up your child at lunch or after school?



If your child is home sick, have you notified the school office?
If your child is in daycare, have you notified them as well?

Please contact us by calling: **204-255-1134** (24 hour answering machine) or via email to either:

Mme Gisele at:
gisele.laurin@lrsd.net

or

Mme Ginette at:
ginette.petit@lrsd.net

Thank you for your cooperation in this matter.

Transitioning to Junior High

Middle school is a really big adjustment for any child. Instead of having one teacher, your child will have several. Instead of staying in one classroom, he or she will have to move from room to room. Instead of being in the highest grade level in the school, he or she will be in the lowest. It is completely normal for your child to feel anxious about this transition. You can help if you:

- i) Sign up for a tour of the school. Just walking around the building and seeing students will give your child a better idea of what to expect.
- ii) Remind him or her that they won't be the only new kid in the school. Everyone will be starting over. They'll still be able to see their old friends, even if they're at a different school.
- iii) Check out school activities. If she or he can get started on a team (or in the band) over the summer, he'll start school knowing some kids.



Upcoming Events

Senior's Day April 30, 2015



If your child's grandparent or senior relative would like to visit your child's class, be sure to fill out the form that was sent home.

Or call the office to register at:
204-255-1134.

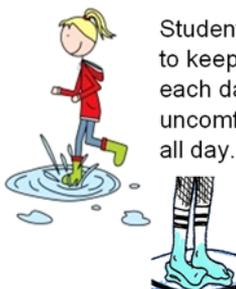


A big thank you to École Van Belleghem students and staff for taking part in the 15th annual Operation Donation School Food Drive.

From the Office

April showers can bring unexpected puddles and unfortunate "accidents" on the playground. Even if it has stopped raining, puddles accumulate, the playground may still be soggy...

To avoid a phone call from the office requesting dry clothes for your child, please send extra clothes (such as: dry socks and extra pants or tee shirt) in his/her back-pack.



Students are encouraged to keep an extra pair (or two) each day as wet socks are uncomfortable to wear all day.



Arts in Action

Students from across the Louis Riel School Division will be displaying their talents in the Arts at the Board Office, 900 St. Mary's Rd., from May 4 to 8, 2015 as part of *Arts in Action*. It will feature a fine art display, art-making, performances in music, dance and drama, buskers, tour guides and will also include the Digital Media Festival Thursday May 7, 2015. Please drop in to experience the talents of our students.



From the Office

As we approach the last few months of school, we begin the task of transitioning students to the next grade and we will begin the process of student placement.

The discussions involve the student's current teacher, the Student Services Team and the Administration.

The current teacher has worked with your child throughout the year and has the best knowledge of his/her needs. Staff will consider many factors when preparing balanced classes.

This will include range of academic abilities, social and emotional needs, gender balance, individual learning styles, student personality and interaction with teachers and classmates, student behavior, class size and special supports in the classroom.

We ask you to rely on our professional judgment and trust that we will provide children with the best possible learning environment as it is a complex process.

Once lists are finalized and students and parents are informed

of placement, we do not make changes. We understand that you may have information about your child that is important to consider when making the final classroom lists.

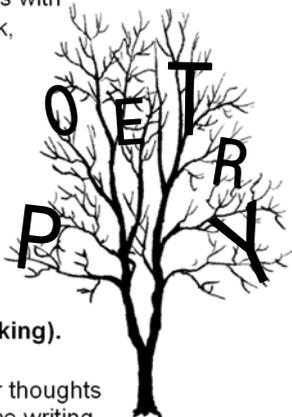
Please forward this information in writing to my attention at via email at michele.olson@lrsd.net before the middle of May. This is not a guarantee of placement but it can help us during this process.

POETRY MONTH

Learning poems by heart is good for your memory.

Making the effort to memorize a poem helps to "take the poem inside you, into your brain chemistry if not your blood," the writer Brad Leithauser wrote in *The New Yorker*.

In a day and age when we need to concoct passwords with alpha-numeric characters and some punctuation mark, and then to recall them, exercising your memory capacity by learning a poem can have its uses.



Writing poetry can improve your writing (and thinking).

Writing a poem means that you have to focus your thoughts and only use so many words. For these reasons, some writing teachers suggest that writing a poem can help to improve your writing skills overall, even if you're writing fiction and have no intentions of ever publishing, or trying to get, a poem published.

As poet Elizabeth Alexander has said, "*poetry models precise and mindful language is useful, because after all if we can't be precise with language, how can we share ideas?*" - in other words, how can we effectively communicate with each other?

GOOD BOOKS *Edgar Guest*

Good books are friendly things to own.

If you are busy they will wait.

They will not call you on the phone

Or wake you if the hour is late.

They stand together row by row,

Upon the low shelf or the high.

But if you're lonesome this you know:

You have a friend or two nearby.

The fellowship of books is real.

They're never noisy when you're still.

They won't disturb you at your meal.

They'll comfort you when you are ill.

The lonesome hours they'll always share.

When slighted they will not complain.

And though for them you've ceased to care

Your constant friends they'll still remain.

Good books your faults will never see

Or tell about them round the town.

If you would have their company

You merely have to take them down.

They'll help you pass the time away,

They'll counsel give if that you need.

He has true friends for night and day

Who has a few good books to read.



Benefits of Unstructured Play

We've always known that "kids and play" are just a natural combo. But new research also shows that letting kids engage in self-directed play has immense value for their social, emotional, cognitive and physical growth.

Here are just a few of the proven scientific benefits of letting our kids play:

Play boosts children's creativity and imagination

Play gives children the chance to invent, build, expand, explore and develop a whole different part of the brain.

Play stretches our children's attention span

Playing outdoors just 30 minutes a day increases child's ability to focus and pay attention.

Play boosts self-confidence and self-regulation

Kids learn to become masters of their own destiny without an adult directing, pushing, managing or scheduling.

Play forges friendships, strengthens social competence and teaches social skills

Undirected (which means an adult isn't there guiding and directing each moment) play allows kids to learn how to work in groups, share, negotiate, communicate and develop core social skills they need not only now but for the rest of their lives.



Play helps kids learn to enjoy just being in their own company, entertain themselves and develop identity

Ease that guilt when your kid says, "I'm bored, Mom!" Our kids must learn to enjoy their own company!

Play reduces children's anxiety and diminishes stress

A study published in the *Journal of Child Psychology and Psychiatry* shows that play is also critical for our children's emotional health because it helps kids work through anxiety and reduce stress.

Play creates joyful memories of childhood

Come on, no kid is going to remember the car pools and worksheets but the swings, jumping in leaves, playing leapfrog in the mud, blowing bubbles, building forts - those are the unforgettable childhood moments.

Play boosts physical health and reduces risk of obesity

Henry Joseph Legere, MD, author of *Raising Healthy Eaters* points out: "Rises in screen time have led to the rise of a sedentary lifestyle for our children.

Play expands our kids minds and neurological development

Self-initiated play improve skills such as guessing, figuring, and interpreting is important to brain development and learning. It helps kids learn to self-regulated as well as stretch critical thinking and focusing skills.

Play builds new competencies, leadership skills, teaches lifelong hobbies, and develops resilience

"Play is what allows kids to manipulate their environment," says a report written by Kenneth Ginsburg, M.D. of the AAP, "And how you manipulate your environment is about how you begin to take control, how you begin to develop your senses, how you view the world."

Play nurtures the parent-child bond

Child-driven play also improves our parent-kid relationship. Play offers a wonderful opportunity for parents to see the world from our children's eyes as well as strengthen our relationship when we join in.

In fact, playing with our kids is one of the few times when clocks stop and stress fades. There's no judgments, schedules or time constraints that worry us. It's just a glorious opportunity to give our kids our full presence, be in their space and enjoy each other's company, and build those wonderful childhood memories.



EARTH DAY

Earth Day is celebrated annually on April 22 and is the largest environmental event in the world. According to national environmental charity Earth Day Canada, over six million Canadians (which includes almost every school-aged child) take part in Earth Day events or activities across the country every year. Earth Day was first celebrated in 1970 and is now marked annually in almost 200 countries.

To help celebrate Earth Day, Fort Whyte is set for a full day of fun in honour of Earth Day. The events will be held Sunday April 27, 2014 and will offer family-friendly activities, games, workshops and information booths. Local food, used battery and tire recycling and much more. The fun kicks off with a pancake breakfast from 9:30 to 11:30 a.m.. For more information visit their website at: <https://www.fortwhyte.org/event/earthday/>

Electronic Products Recycling Association (EPRA)

Program Description

Electronic Products Recycling Association (EPRA) is a Producer Responsible Organization (PRO) authorized to operate the End-of-Life Electrical and Electronic Equipment stewardship program in Manitoba. The Electronic Products Recycling Association (EPRA) will be responsible for delivering the program in Manitoba to provide for the safe collection and recycling of electronics and electrical equipment.

Currently in transition, The End-of-Life Electrical and Electronic Equipment stewardship program will operate under the Electrical and Electronic Equipment Stewardship Regulation (R 17/2010) of the Waste Reduction and Prevention (WRAP) Act.

Why is it Important?

While electronic equipment is safe to use, it contains some level of potentially toxic substances such as lead, mercury, cadmium and chromium and may contain other heavy metals and chemical flame retardants. These substances may have adverse effects on human health, or pollute groundwater, surface water or the air if electronic waste (E-waste) is illegally dumped or burned.

How is E-Waste Collected?

Building on Manitoba's existing E-waste collection system, EPRA will work with a variety of organizations to provide collection services for designated products including retail locations, charitable organizations, waste collection companies and municipalities throughout the province.

There is no charge to the consumer for recycling eligible E-waste. For a complete list of eligible products, please click here.

Consumers:

The new EPRA collection system is under development for Manitoba. To find an e-waste collection depot nearest to you, please click here or call EPRA at: 1-888-527-9382. There is **no charge** for recycling your eligible e-waste products.

Related Documents and Links:

- Electronic Products Recycling Association: <http://www.eprassociation.ca/>
- Waste Reduction and Prevention Act: <http://web2.gov.mb.ca/laws/statutes/ccsm/w040e.php>



Still have Questions about Recycling in Manitoba?

Call Green Manitoba in Winnipeg (204) 945-3268 outside Winnipeg toll free: 1-866-460-3118 or by email at info@greenmanitoba.ca



http://greenmanitoba.ca/umedia/EPRA-Program-Jan_2013.pdf

WHERE CAN I RECYCLE?

Computers for Schools

75 Terracon Pl [204-988-1790](tel:204-988-1790)

Powerland Computers

40 Durand Rd [204-237-3800](tel:204-237-3800)

Industrial Metals

550 Messier St. [204-233-1908](tel:204-233-1908)

Staples

1540 Regent Ave. [204-661-1563](tel:204-661-1563)

Staples

1910 Pembina Hwy [204-269-5928](tel:204-269-5928)

Best Buy

1580 Regent Ave. West, [204-661-8157](tel:204-661-8157)

Best Buy

#6-1910 Pembina Hwy. [204-982-0551](tel:204-982-0551)

Western Scrap Metals

18 Sutherland Ave. [204-947-0251](tel:204-947-0251)

Mother Earth Recycling

93 Gomez [204-942-7900](tel:204-942-7900)

Allmove

170 Eagle Dr [204-633-6889](tel:204-633-6889)

For a complete list (and more information) please visit: [http://](http://recyclemyelectronics.ca/mb/what-can-i-do/drop-off-centres/)

recyclemyelectronics.ca/mb/what-can-i-do/drop-off-centres/



Make Fort Whyte Alive your EARTH DAY Celebration!

SUNDAY, APRIL 26, 2015

FREE ADMISSION

Embrace green transportation by busing, carpooling, cycling, or walking to our site, located within Winnipeg's city limits. Get outside and enjoy family-friendly activities, games, workshops, and live entertainment.

Explore our nature trails while on the lookout for spring flowers and animals.

We'll have info booths, local food, used battery recycling, tire recycling by CAA, and more.

There is no better way to celebrate Planet Earth than a day at FWA!

<https://www.fortwhyte.org/event/earthday/>

Live Musical Performance - 1:00 pm & 2:30 pm

Carnival Games - 10 am – 3 pm

Enjoy carnival games like the Ring Toss, Frisbee, and Bean Bag throws. These fun games can be found on the lakeside trail being the Interpretive Centre

Orienteering - 10 am – 3 pm

Build your map reading skills through landmark orienteering! Pick up a map behind the Alloway Reception Centre and explore the sights of FortWhyte.

Archery + Atl Atl - 12 pm – 3 pm

Take aim at being Robin Hood, or Katniss Everdeen! Hit the bulls eye at our archery demo. Never heard of Atl Atls? Take your best shot with this ancient projectile. Located between Fort Whyte Alive Farms and Alloway Reception Centre.

Bannock Bake (while supplies last) - 12 – 3 pm

There is nothing more delicious than freshly roasted bannock. Head over to Loly Look Out for a taste!

Dip netting - 10 am – 4 pm

Join our volunteer interpreters on the boardwalks as they tell you what you can discover in our marshes.

Guided North Walks - 12pm, 1 pm, 2 pm, 3 pm

Join an interpreter on the North Trails and discover the nature that awaits you. Meet at the Red River Cart.

BBQ Lunch & Snacks - 11 am – 3 pm

Concessions can be found on the South deck of the Interpretive Centre.

Voyageur Games - 12 pm – 3 pm

Learn to play some fun games based on activities the voyageurs would do to pass their time! Meet at Loly Lookout

Marshmallow Roast - 12 pm – 3 pm

Head out to our Tipi encampment for some tasty treats

Craft - 12 pm – 3 pm

Puppet Show - 11 am & 12 pm

Located in the main theatre of the Interpretive Centre

Face Painting - 12 pm – 3 pm

Located at spiral staircase behind the Interpretive Centre

Earth Day Craft - 11 am – 2 pm

Create a fun earth day craft in the interpretive centre.

Weather Station - 12 – 2 pm

Join CBC's John Sauder at the weather station. Located on the south side of our Interpretive Centre

Family Birding Hike - 10:30 – 11:30 pm

Learn about our feathery friends and even catch a glimpse of them with our birding interpreters. Walk starts from the toboggan slide.

Hola Hoop - 12 – 2 pm

Stop by this station for some fun hula hoop games. Located on hill behind Interpretive Centre

Bison Box - 12 – 3 pm

Head to the tipi encampment to explore some various bison artifacts and tools.

Geocaching - 1 – 3 pm

Learn the basics of geocaching and take part in our course at the Marsh Overlook

Sod House Pioneers - 10 – 4 pm

Take a step into the past and join our Pioneers in the sod house.





APRIL / MAY 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Classes Resume	7	8 PAC meeting	9	10	11
12	13	14	15	16	17	18
19	20	21	22 Earth Day 	23	24 PD day (no classes)	25
26	27	28 Early Dismissal 2:00 p.m	29	30 Senior's Day	1 Pizza Day	2
3	4  Fine Arts in Action	5 Louis Riels	6 School Division Board PAC AGM 6:30	7 Office Legacy Room	8 900 St. Mary's Road 	9
10	11	12	13	14	15 PD day (no classes)	16
17	18 Victoria Day No school	19	20	21	22	23
24 33	25 Folk Dance in the Park-St.Vital Park	26 Early Dismissal 2:00 p.m	27	28	29	30

Dates to Remember

June

- 1 Raindate- Dance in the park
- 3 PAC (6:30 p.m.)
- 5 Immunizations
- 15 School PD (no classes)
- 17 FUNraiser (5-8 p.m.)
- 19 Pizza Day
- 25 Report cards sent home
- 26 Grade 6 year-end Assembly (TBA)
- 26 Bump-up Day
(meet your new teacher and classmates)
- 30 Last day of School
- 30 Early Dismissal (2:00 p.m.)

DID YOU KNOW?



The CANADIAN HUMAN RIGHTS MUSEUM will be offering free admission May 6, June 3 and October 14, from 5 p.m. until 9 p.m.

Persons with disabilities may be accompanied by one attendant at no extra charge.

The Canadian Museum for Human Rights offers admission at no charge to Aboriginal peoples, including First Nations, Inuit and Métis. *Please bring identification.*

Does not apply to special programs, tours or annual memberships.

For more information visit: <https://humanrights.ca/visit/admissions>



CANADIAN MUSEUM FOR
HUMAN RIGHTS
MUSÉE CANADIEN POUR LES
DROITS DE LA PERSONNE

Q What kind of Bee can't make up its mind?



Answer:

A May-bee