



# COVID-19

## NOVEL CORONAVIRUS



**Do not enter if you should be self-isolating as a result of possible exposure to COVID-19 within the last 14 days due to:**

- Contact with someone that is suspected or confirmed to have COVID-19
- Return from international travel, or from Ontario (east of Terrace Bay), Quebec or the Atlantic provinces (travel restrictions are subject to change; up-to-date information is available at: <https://www.gov.mb.ca/covid19/soe.html>)



**Do not enter if you have a new onset of any of the following symptoms:**

- Fever/chills
- Cough
- Loss of taste or smell
- Sore throat/hoarse voice
- Shortness of breath
- Vomiting or diarrhea for more than 24 hours
- Poor feeding if an infant



**Do not enter if you have a new onset of two or more of the following symptoms:**

- Runny nose
- Muscle aches
- Fatigue
- Conjunctivitis
- Headache
- Nausea or loss of appetite
- Skin rash of unknown origin



**If any of the above apply, please:**

- limit your contact with others
- immediately self-isolate at home
- call Health Links-Info Santé for information about testing and self-isolation – **204-788-8200** or toll-free **1-888-315-9257**.

[manitoba.ca/covid19](https://www.manitoba.ca/covid19)

**Manitoba** 