



DIVISION SCOLAIRE  
**LOUIS RIEL**  
SCHOOL DIVISION

#### Louis Riel School Division

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#### Our Community of High Schools:

Collège Béliveau  
Collège Jeanne-Sauvé  
Dakota Collegiate  
Glenlawn Collegiate  
J. H. Bruns Collegiate  
LRSD Arts & Technology Centre  
Nelson McIntyre Collegiate  
Windsor Park Collegiate



# Grade 11 & 12 Physical & Health Education Implementation

The Healthy Kids, Healthy Futures Task Force Report was released in June 2005, and the Manitoba Government has pledged to implement all of its recommendations. The Task Force Report encourages parents, guardians, students and schools to work together to determine what will work best in their community to:

- help youth take greater ownership of their physical fitness
- promote the discovery of activities suited to their individual interests
- encourage active lifestyles that endure into their futures

Two of the recommendations for the September 2008 implementation state that the provincial government will:

- develop a Physical/Health Education curriculum for Grade 11 and Grade 12 students
- require all Grade 11 and Grade 12 students to complete two Physical/Health Education credits for graduation, in addition to the two credits required in Grade 9 and Grade 10

- one Grade 11 credit earned in the 2008-09 school year
- one Grade 12 credit earned in the 2009-10 school year

Because the 2008-09 school year is one of transition, students entering Grade 12 in 2008 will be required to earn the Grade 12 Physical/Health Education credit to graduate with a minimum of 29 credits.

#### School-level Decision Making

Each high school in LRSD will deliver Physical Education courses that use their existing facilities—therefore program options will vary. Example: sports academies, single gender classes, 50% student-directed; 50% teacher-directed.

#### Evaluation

The “Complete/Incomplete” designations approach will not affect the student’s grade point average because no percentage mark will be used. Students will submit personal fitness portfolios containing such elements as a fitness plan, physical activity log or journal entries. If a student does not fulfill the course requirements, s/he is required to repeat the course.

#### Credits Needed for Graduation

Students entering Grade 11 in the 2008-09 school year are required to earn a Physical/Health Education credit in both Grade 11 and Grade 12 to graduate (with a minimum of 30 credits) as follows:

#### What Next?

- Individual schools will host parent information nights in February to present Physical Education course selections.
- Students will be informed about their choices, and guided to make appropriate decisions when they select courses in February.
- School newsletters will begin to include information about the implementation of the new courses.
- The divisional website will address frequently asked questions about implementation.
- The LRSD Physical/Health Education Coordinator will offer ongoing support and guidance to students, parents, teachers and the community.

**Dionne Deer**  
Coordinator of Physical/Health Education