

When does a **household** need to self-isolate?



Household members without symptoms do not need to self-isolate (quarantine) while awaiting the sick individual's test result as long as the sick individual has not been identified as a close contact of a confirmed COVID-19 case or traveled outside of Manitoba in the past 14 days.



It is recommended that household members wear a mask and physically distance where possible when outside the household in these circumstances, and avoid leaving the home for non-essential reasons.



The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.

If anyone in your household is a close contact of a confirmed COVID-19 case:

Household members of close contacts are not required to self-isolate (quarantine) as long as the close contact is asymptomatic.

If the close contact develops COVID-19 symptoms, all household members must self-isolate (quarantine) until the close contact's test results are known, unless household members are asymptomatic and exempt*.

Close contacts who are required to self-isolate (quarantine) are recommended to go for testing at 7 days after their last exposure to the case, or if symptoms develop. Regardless of whether the close contact tests negative, they must complete their 10 days of self-isolation (quarantine).

***Public health officials will help determine whether you or anyone in your household is exempt from needing to self-isolate.**



If an individual is unwell but is not required to get a COVID-19 test based on the [Screening Tool](#) (ie: [only one symptom from Column B](#)), the individual must stay home until they are symptom free for 24 hours. For example, if a student feels unwell (ie: [they have only one symptom from Column B](#)) on a Monday, the soonest they can return to school is Wednesday. This is because they need to be symptom free for 24 hours.